

## TCNJ College Core Check Sheet (Menu Option), 2024 - 2025

Name:

PAWS ID:

Major:

*This check sheet is intended for students who have ONE major (and are completing their College Core Requirements via the Menu Option). Please check your major's requirements to view which major courses satisfy College Core requirements. Complete information regarding the College Core can be found on the [College Core website](#).*

**Major/minor requirements may count freely with College Core requirements.  
One course unit may satisfy up to ONE Discipline and up to TWO Social Justice requirements.**

### Intellectual & Scholarly Growth

IDS 102: Information Literacy

FYS \_\_\_\_: First Year Seminar

Second Language Proficiency (may or may not be required by major):

Mid-Level Writing-Intensive Course:

Writing-Intensive Senior Capstone/Third-level Course (within major):

### Social Justice Requirements

First Year Community Engagement (FYC 100; 0 credit requirement)

Gender &amp; Sexuality:

Global Perspectives:

Race &amp; Ethnicity:

### Multidisciplinary Perspectives: Disciplines (6 units total)

(Choose 1 unit from each Discipline)

Literary, Visual, or Performing Arts:

Belief Systems:

Behavioral, Social, or Cultural Perspectives:

Historical Perspectives:

Natural Science with Lab:

Quantitative Reasoning:

### TWO Additional Multidisciplinary Perspectives (2 units total)

(Choose 1 unit from TWO of the three different broad areas of Multidisciplinary Perspectives below)

Arts & Humanities

 Literary, Visual, or Performing Arts **OR** Belief Systems:

Social Sciences & History

 Behavioral, Social, or Cultural Perspectives **OR** Historical Perspectives:

Natural Science & Quantitative Reasoning

 Natural Science (with or without lab) **OR** Quantitative Reasoning: